

# Adoption of regenerative agricultural practices among maize farmers in Katsina State, Nigeria

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## Abstract

The study examined adoption of regenerative agricultural practices among maize farmers in Funtua Local Government Area of Katsina State, Nigeria. Data were collected from 130 farmers through structured questionnaires and analyzed using descriptive statistics and logit regression model. Results showed that maize farming in the area is largely practiced by middle-aged male farmers, most of whom manage small farms and rely on family labour. Farmers mainly learn about regenerative practices through friends, family members, farmer groups, and maize associations, highlighting the influence of informal networks. Adoption levels were highest for practices such as minimum tillage, organic manure application, crop rotation, and cover cropping methods that are affordable and easy to incorporate. Practices like agroforestry, irrigation, and mulching were adopted by far fewer farmers. It was found that farm size, household size, income, and age significantly influenced whether farmers adopted RAPs, showing that socioeconomic conditions shape adoption decisions. Farmers still face major challenges, including weak extension services, limited access to improved seeds, high input costs, and inadequate credit support. It can be concluded that while many farmers are embracing key RAPs, improving access to quality information, reliable extension support, and affordable inputs is essential for wider and effective adoption of RAPs.

**Keywords:** Adoption, Farmers, Farming Systems, Katsina, Maize and Regenerative Agricultural Practices

## INTRODUCTION

Maize (*Zea mays*) is one of the most widely cultivated cereal crops globally, serving as a staple food, feed, and raw material for various industrial applications. Its versatility and adaptability make it crucial for food security, economic development, and agricultural sustainability. According to the Food and Agriculture Organization (FAO), maize is the third most important cereal crop after rice and wheat, with significant production in the Americas, Africa, and Asia. The United States is the largest producer, followed by China, Brazil, and Argentina (FAO, 2022).

Africa is one of the largest producers of maize globally, with countries like South Africa, Nigeria, and Zambia leading in production. The continent's favorable climate and varied agro-ecological zones allow for extensive maize cultivation. Maize serves not only as a staple food but also as a source of income for farmers, contributing to rural development and poverty alleviation. However, production is challenged by factors such as pests, diseases, inadequate infrastructure, and climate change, which threaten yield stability and food security (FAO, 2021). Nigeria ranks as the largest producer of maize in Africa, with an estimated production of about 11 million metric tons annually (NBS, 2022). The crop plays a vital role in the country's agricultural sector, providing food, feed, and industrial raw materials. Nigerian farmers cultivate maize in diverse agro-ecological zones, employing various farming practices. Despite its significance, maize production in Nigeria faces challenges such as poor access to quality seeds, inadequate extension ser-

vices, and fluctuating market prices, which can impact farmers' income and food security (Olawale *et al.*, 2020).

In Funtua Local Government Area (LGA) of Katsina State, maize farming plays a central role in the region's economy. However, like much of Sub-Saharan Africa, Nigerian agriculture faces significant challenges, including soil degradation, poor water management, and low productivity (FAO, 2020). These challenges are exacerbated by climate change, which has led to erratic rainfall patterns, rising temperatures, and more frequent droughts, all of which adversely affect crop yields (UNEP, 2020).

Conventional farming practices, such as intensive tillage, mono-cropping, and the over-reliance on chemical fertilizers and pesticides, have contributed to the depletion of soil fertility, erosion, and the decline of biodiversity in many parts of Nigeria (Abdulkadir *et al.*, 2025; Afolayan *et al.*, 2023). The use of synthetic inputs, while providing short-term gains in crop yields, often leads to long-term environmental harm, such as soil erosion and contamination of water resources (Pretty *et al.*, 2021; Mamman *et al.*, 2025). Such practices do not align well with the realities of climate change, where farming systems must become more resilient to environmental shocks.

Regenerative agriculture offers a potential solution to these challenges. It focuses on practices that restore and maintain healthy soil, enhance biodiversity, and improve water retention, thus promoting long-term sustainability. Regenerative practices include techniques such as no-till farming, cover cropping, crop rotation, agroforestry, mulching, and organic soil amendments. These

approaches aim to mimic natural ecological processes to increase resilience and reduce the need for external inputs (Sachs *et al.*, 2021). The concept of regenerative agriculture is gaining traction globally, particularly in developing countries, where it offers a way to balance the need for increased food production with environmental stewardship (FAO, 2020). In Nigeria, regenerative practices have been identified as a promising pathway for improving food security, increasing agricultural productivity, and promoting climate resilience. However, the adoption of regenerative agricultural practices among smallholder farmers in rural areas like Funtua is still limited. This is largely due to factors such as a lack of awareness, inadequate access to training and extension services, limited financial resources, and a strong attachment to traditional farming methods (Fawole *et al.*, 2025; Doud and Peterson, 2020).

The Nigerian government has initiated several policies aimed at promoting sustainable agricultural practices, including the National Agricultural Resilience Framework (NARF) and the Agro-Environmental and Biodiversity Conservation Program. However, the effectiveness of these initiatives has been mixed, particularly in remote regions like Funtua, where farmers face infrastructural and knowledge barriers. The National Agricultural Extension and Research Liaison Services (NAERLS) and state-level extension services have attempted to disseminate knowledge about sustainable and regenerative practices, but the challenge of reaching all farmers remains significant.

Despite the government's efforts, there is a need for more targeted programs and community-based initiatives that focus on building the capacity of smallholder farmers in adopting regenerative practices. Moreover, given the importance of maize to food security and economic stability in Funtua, understanding the barriers and enablers of adopting regenerative agricultural practices is crucial to developing strategies that can enhance the resilience and sustainability of maize farming in the region.

This study, therefore, seeks to explore the adoption of regenerative agricultural practices among maize farmers in Funtua LGA, Katsina State, and to identify the factors that influence their decision to adopt or reject these practices. It aims to provide insights into the potential for regenerative agriculture to enhance the productivity and sustainability of maize farming in the face of environmental challenges.

## METHODOLOGY

### The Study Area

The study was conducted in Funtua Local Government Area (LGA) of Katsina State, Nigeria. Funtua LGA is located in the southeastern part of Katsina State, Nigeria. Katsina State, situated in the northwest region of Nigeria, is known for its significant agricultural activities, particularly in the production of crops like maize, millet, sorghum, and cotton. Funtua LGA, one of the administrative divisions within the state, serves as an important agricul-

tural hub, with a predominantly rural population engaged in farming as the primary livelihood activity. Funtua LGA is located at approximately 11.69° N latitude and 7.23° E longitude, with population of 225,571 at the 2006 census and 570,110 according to 2016 estimate. It is bordered by several other LGAs within Katsina State, to the north, it shares boundaries with Mashi LGA; to the east, it is adjacent to Dandume LGA; to the south, it borders Zango LGA, and to the west, it is bordered by Sokoto State. The area is characterized by dry savannah vegetation, with a mix of grasslands and scattered trees. The landscape is predominantly flat, and the soil type varies, with areas of sandy loam and clay found throughout the region.

The region experiences a semi-arid climate, with distinct wet and dry seasons. The rainy season typically lasts from May to October, while the dry season extends from November to April. During the rainy season, the area receives moderate rainfall, typically ranging from 500 mm to 1,000 mm per year, which is sufficient for farming but can be unpredictable and subject to irregularities due to climate change impacts. Funtua has a predominantly rural population, with the majority of the population relying on subsistence farming for their livelihoods. According to the National Population Commission (NPC), Funtua LGA has a growing population, with both young and adult farmers engaged in agricultural activities. Farming is largely done by smallholder farmers, many of whom own less than 2 hectares of land. The local population is diverse, with different ethnic groups, including Hausa, Fulani, and Katsina, among others, living in the area. These communities have a rich cultural heritage and have developed traditional farming knowledge passed down through generations.

Agriculture is the backbone of the economy in Funtua LGA, and maize is one of the key crops grown in the region. Maize farming is done mainly by smallholder farmers, often using traditional farming methods, although there are some farmers who have started experimenting with modern agricultural practices. In addition to maize, other important crops grown include millet, sorghum, groundnuts, soybeans, and cotton. Livestock farming is also common, with cattle, goats, sheep, and poultry being raised by many farmers.

Farmers in Funtua primarily practice rain-fed agriculture, which makes them vulnerable to the unpredictable and erratic nature of the rainfall patterns. The region's dry season is marked by extreme temperatures and droughts, making it difficult to rely solely on conventional farming methods for year-round food production. This makes Funtua LGA particularly sensitive to the impacts of climate change and soil degradation, which further exacerbate the challenges faced by local farmers.

The climate in Funtua LGA is categorized as semi-arid, with a high degree of seasonal variation in temperature and rainfall. The region experiences high temperatures during the dry season, with temperatures sometimes exceeding 40°C. Rainfall during the wet season is generally moderate but can be unpredictable, which makes rain-fed agriculture particularly vulnerable to drought and flooding. These climatic conditions further highlight the im-

portance of introducing farming practices that improve water conservation, soil fertility, and climate resilience, all of which are key components of regenerative agriculture.

### Populations of the study

The population for this study consists of all the maize farmers in Funtua local government area of Katsina State.

### Sampling Procedures and Sampling Size

A two-stage sampling technique was used to select the respondents for this study.

In the first stage, a purposive sampling procedure was used to select five (5) communities with high concentration of maize farmers from the study area (Table 1). In the second stage, a list of the registered maize farmers was obtained from Department of Agriculture, Funtua LGA to determine the sampling frame from each community while Taro Yamane's (1973) formula was used in computing the required sample size for the study. The formula is stated as follows:

$$n = N / (1 + N(e)^2) \quad (1)$$

Where  $n$  = required sample size,  $N$  = number of maize farmers obtained from the list of registered maize farmer in each community; and  $e$  = permissible error (0.05). Substituting the values of  $N$  and  $e$  into Equation 1, we have:

$$n = 2900 / (1 + 2900(0.05)^2)$$

$$n = 227 / 7.2525 = 400$$

Respondents from each community will therefore be selected randomly and proportionately using the expression below;

$$x = (X/n) * N \quad (2)$$

Where;

$x$  = Sample size per community

$X$  = Number of registered maize farmers per community

$n$  = Total number of registered maize farmers in the six communities

$N$  = required sample size for the study (from Taro Yamane's 1973 formula)

The selected communities and number of sampled maize farmers from each community is presented in Table 1.

**Table 1: Proportionate Sample Distribution of Maize Farmers**

S/N	Selected communities	Sample frame	Sample Size
1	Dukke	400	18
2	Maska	500	22
3	Funtua	1000	45
4	Dutsin-Reme	700	32
5	Mararrabar	300	23
	TOTAL	2900	130

### Instrument for data collection

Primary and secondary sources of data was used for this study. The primary data was collected through structured questionnaires, while the secondary data was generated from related articles in journals and other relevant literatures.

### Measurement of Variables

#### Independent Variables

**Age:** Age was measured as number of years of the maize farmers. This was the total number of years of the maize farmers.

**Gender:** This was measured by ranking all the male respondents 1 and female respondents 2 and then counting the total number of the two groups.

**Marital Status:** This was measured by ranking the singles 1, married 2, divorced 3, widow 4 and widower 5.

**Household size:** This measurement was carried out by counting the number of wives, children, dependents and relatives living in the respondent's house at the time of the investigation.

**Educational Level:** This was measured in terms of the highest educational qualification attainment of the respondent. The listed educational attainments were: no formal education 1, Arabic education 2, primary education 3, Secondary education 4, and tertiary education 5.

**Farming Experience:** The respondents were asked to indicate the actual number of years they have been into maize farming.

**Monthly income:** The respondents were asked their income in naira.

**Membership of Cooperative:** This was measured as Yes=1, No=0, if otherwise.

**Access to credit:** The respondents were asked if they have access to credit with Yes=1, No=0

**Extension agent contact:** Respondent were asked if they have contact with extension agents with Yes=1, No=0.

**Sources of information:** The respondents were asked to indicate their sources of information on improved maize farming production technologies.

**Constraints facing adoption of regenerative agricultural practices among maize farmers:** The respondents were asked to indicate the constraints to adoption of regenerative agricultural practices using a 5-point likert-type scale of very severe = 5, Severe = 4, mildly severe = 3, Not severe = 2 and Not a problem at all = 1.

#### Dependent Variable

The dependent variable of the study is adoption of regenerative agricultural practices by the maize farmers.

**Level of Adoption of regenerative agricultural practices:** The respondents were asked to indicate their level of adoption on regenerative agricultural practices using a 6-point liker scale of Not aware = 1, Aware = 2, Interest = 3, Evaluation = 4, Trial = 5, Adoption = 6. In a six point Likert type scale that was used to measure the respondents' level of adoption of RAPs, a list of RAPs (Use of crop rotation, Cover cropping, water management and conservation, agroforestry, reduce tillage/No tillage, composting and organic fertilizer, holistic rising and pasture management, integrated pest management, Soil health monitoring, carbon sequestration, diverse seed and plant varieties, Silvopasture, integrated livestock and



crop system) were provided for them to tick. The values on the Likert scale was added to obtain 21 and divided by 6 to obtain a Benchmark of 3.5. Any variable with a mean score equal or higher than 3.5 was perceived as high level of adoption of regenerative agricultural practices among maize farmers, while variable with a mean score of less than 3.5 was regarded as low level of adoption of regenerative agricultural practices among maize farmers.

### Analytical Techniques: Logit Regression Model

Logit regression model was used to determine the factor influencing adoption of regenerative agricultural practice. This model was appropriate for this study since the dependent variable is the choice of the maize farmer on the assessment of maize farmer used. This is expressed as percentage of the optimum dosage; thus the dependent variable must be between 0 limit and continuous level of Adoption of regenerative agricultural practice. Logit Regression Model is estimated through the Maximum Likelihood Estimation (MLE) procedure. It is specified as:

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + \beta_4 X_4 + \beta_5 X_5 + \beta_6 X_6 + \beta_7 X_7 + \beta_8 X_8 + \beta_9 X_9 + \beta_{10} X_{10} + \beta_{11} X_{11} + e$$

Where:

$X_1$  = Age (years)

$X_2$  = Sex (1 = male, 0 = female)

$X_3$  = Marital Status (Dummy = 1 if married; 0, if otherwise)

$X_4$  = Household Size (number)

$X_5$  = Educational Level (years)

$X_6$  = Farming Experience (years)

$X_7$  = Farm Size (hectares)

$X_8$  = Monthly Income (Naira)

$X_9$  = Access to Credit (Yes=1, No= 0)

$X_{10}$  = Extension Agent Contact (Yes=1, No= 0)

$X_{11}$  = Membership of Cooperative (Yes=1, No= 0)

$e$  = error term

## RESULTS AND DISCUSSION

### Socioeconomic characteristics of maize farmers

The result in table 2 shows that the age distribution is predominantly middle-aged to older farming population, with 26.9% aged 50-54 years and a mean age of 43 years. This aging demographic profile may present both challenges and opportunities for regenerative agricultural practice adoption. Older farmers often possess extensive traditional knowledge of local ecosystems (Akpoti *et al.*, 2022). Moreover, results in table 2 showed that majority (97.7%) of the respondents were males, while (2.3%) were females, reflecting broader trends in agricultural participation across many developing regions, where women's contributions are frequently underrepresented in formal surveys (Farnworth *et al.*, 2020). Majority (78.5%) of the respondents were married, 20.0% were single, 1.5% were widow. These results implied that majority of respondents were married.

Household size averaged 7 person, with 40.8% of households containing 5-9 individuals. Larger household sizes may provide labour resources for more labour-intensive RAPs, but may also increase subsistence pressure on farm outputs. More so, table 2 shows that 21.5% had no

**Table 2: Distribution of Respondent According to Socioeconomic characteristics (n=130)**

Characteristics	Frequency	Percentage	Mean
Age			
30-34	21	16.2	43.12
35-39	17	13.1	
40-44	22	16.9	
45-49	28	21.5	
50-54	35	26.9	
Above 54	7	5.4	
Sex			
Male	127	97.7	
Female	3	2.3	
Marital Status			
Single	26	20	
Married	102	78.5	
Widow	2	1.5	
Household size			
0-4	39	30.0	6.81
5-9	53	40.8	
10-14	29	22.3	
15-19	7	5.4	
20-24	2	1.5	
Educational Status			
No formal education	28	21.5	
Primary education	13	10.0	
Secondary education	44	33.8	
Tertiary education	45	34.6	
Experience			
1-10	58	44.6	15.05
11-20	41	31.5	
21-30	29	22.3	
31-40	2	1.5	
Farm Size			
<5	119.0	91.5	2.30
5-9	9	6.9	
>9	2	1.5	
Monthly Income			
<100,000	45.0	34.6	123,846
100,000-149,000	43.0	33.1	
150,000-199,000	18.0	13.8	
200000-249,000	18.0	13.8	
> 249,000	6.00	4.60	
Access to credit			
Yes	61	46.9	
No	69	53.1	
Extension officer contact			
Yes	58	44.6	
No	72	55.4	
Membership of cooperative			
Yes	79	60.8	
No	51	39.2	

formal education, 10.0% had primary education, 33.8 had secondary education while 34.6% had tertiary education. Educational attainment levels showed promising results for RAPs adoption potential, with 34.6% having tertiary education. Education level has been consistently identified as a positive factor in the adoption of sustainable agricultural practices (Adjognon *et al.*, 2021).

The monthly income distribution reveals that 34.6% of farmers earn less than ₦100,000, with a mean income of ₦123,846. This economic situation may constrain farmers' ability to invest in RAPs without financial support mechanisms. Farm size data shows that 91.5% of respondents operate on less than 5 hectares, classifying them as smallholder farmers. This is significant because smallholder farmers often face unique challenges in adopting new practices due to limited resources and higher risks (Mango *et al.*, 2020).

More so, access to credit appears limited, with 53.1% of respondents reporting no access to formal credit. This represents a significant barrier to regenerative agricultural practices adoption, as noted by Martey *et al.* (2022) in their analysis of conservation agriculture adoption barriers. Extension service contact was reported by only 44.6% of respondents, suggesting a need for strengthened agricultural extension systems. However, the relatively high cooperative membership rate (60.8%) presents a potential avenue for disseminating RAPs knowledge, as farmer organizations have been shown to facilitate agricultural innovation diffusion (Awotide *et al.*, 2021).

### Sources of information on regenerative agricultural practices

Table 3 shows that higher percentage (99.2%) of the maize farmers got their information on regenerative agricultural practices through friends, (97%) got their information from family members, (70.8%) of them obtained the information through farmer's group, (70%) of them obtained the information through maize association, (53.8%) through extension agents, (30.8%) of them got the information through radio, (17.7%) from workshop, (16.2%) got their information through seminar and (3.8%) of them obtained their information through newspaper and television respectively. For instance, Umar *et al.* (2023) noted that informal communication through friends and family was more influential than formal extension services in influencing smallholder

farmers' decisions in northern Nigeria. Similarly, Nnadi *et al.* (2022) emphasized the role of farmer groups and associations in spreading knowledge on sustainable practices due to shared trust and localized experience.

Although extension agents and media platforms such as radio and television serve as formal sources of agricultural information, their relative influence appears lower. This is consistent with findings by Adekunle and Olanrewaju (2021), who identified weak extension systems and limited access to media in rural areas as key barriers to knowledge transfer in Nigerian agriculture. Furthermore, Afolayan *et al.* (2023) highlight that the effectiveness of agricultural seminars and workshops depends significantly on accessibility and relevance to farmers' immediate needs.

### Adoption of regenerative agricultural practices

Table 4 shows the result on the adoption of regenerative agricultural practices among maize farmers. It was revealed that majority of the maize farmers adopted use of minimum tillage (98.5%), use of organic manure (88.5 %), crop rotation (87.7%), use of cover cropping (79.2 %), use of water harvesting (74.6 %), use of mixed cropping (73.3%) use of mixed farming and use of drought/heat tolerant varieties (53.1%) respectively, use of strip cropping (47.7%), use of afforestation (23.1%) use of wetland (fadama) (21.5%), use of irrigation (16.9%), use of mulching (13.8%) and the least adopted practices was on use of agroforestry (6.4%). This finding shows that the respondents have adopted use of minimum tillage, use of organic manure, crop rotation, use of cover cropping, use of water harvesting, use of mixed cropping, use of mixed farming and use of drought/heat tolerant varieties in the study area (Fawole *et al.*, 2025; Abdulkadir *et al.*, 2020). Meanwhile, use of strip cropping,

**Table 3: Distribution of the respondents on source of information on RAPs**

Sources of Information	Frequency	Percentage
Friends	129	99.2
Family members	127	97.7
Farmers' groups	92	70.8
Maize Association	91	70.0
Extension agents	70	53.8
Radio	40	30.8
Workshop	23	17.7
Seminar	21	16.2
Television	5	3.8
Newspaper	5	3.8

**Table 4: Adoption of regenerative agricultural practices based on percentage**

Regenerative Agricultural Practices	Frequency	Percentage	Rankings
Minimum tillage	128	98.5	1 <sup>st</sup>
Use of organic manure.	115	88.5	2 <sup>nd</sup>
Crop rotation	114	87.7	3 <sup>rd</sup>
Use of cover cropping	103	79.2	4 <sup>th</sup>
Water harvesting	97	74.6	5 <sup>th</sup>
Mixed cropping	96	73.8	6 <sup>th</sup>
Mixed farming	69	53.1	7 <sup>th</sup>
Use of drought and heat tolerant crop varieties	69	53.1	7 <sup>th</sup>
Strip cropping	62	47.7	9 <sup>th</sup>
Afforestation	30	23.1	10 <sup>th</sup>
Use of wetland (Fadama)	28	21.5	11 <sup>th</sup>
Irrigation	22	16.9	12 <sup>th</sup>
Mulching	18	13.8	13 <sup>th</sup>
Agro-forestry	8	6.2	14 <sup>th</sup>

afforestation, use of wetland (fadama), use of irrigation, use of mulching and use of agro-forestry are relatively low in terms of its adoption by the respondents. These supports the findings of Olayemi *et al.* (2021) and Fawole *et al.*, (2025) whom in their works examined the adoption of organic farming practices among maize farmers in Nigeria, providing insights into the current state of organic agriculture in the country which also corresponds to Okonta *et al.* (2023), whom conducted a study on the level of adoption of organic farming practices among arable crop farmers in Oyo State whose research study aimed to investigate the current state of organic farming practices among farmers in the region and identify the factors influencing the adoption of these practices.

### Level of adoption of regenerative agricultural practices by farmers

Table 5 shows that minimum tillage leads with a remarkable 96.9% adoption rate, suggesting near-universal implementation. This aligns with global trends where reduced tillage has gained prominence due to its labour-saving benefits and soil conservation advantages (Fan *et al.*, 2021). Crop rotation follows closely 89.2% adoption, demonstrating farmers' recognition of its pest management and soil health benefits (Adesoji *et al.*, 2025). Organic manure application shows similarly strong adoption 90%, reflecting continued reliance on traditional fertility management approaches despite modern alternatives.

Several practices demonstrate substantial use but not universal adoption. Mixed cropping adoption (76.9%), and cover cropping adoption (80.8%), show strong uptake, though slightly lower than the top-tier practices. Water

harvesting systems adoption (69.2%), indicate significant progress in climate adaptation strategies. These patterns correspond with the innovation diffusion theory (Ndiritu and Kassie, 2022), where practices offering clear benefits but requiring moderate additional management typically achieve intermediate adoption levels.

The data reveals several practices in transitional adoption phases. Mixed farming systems adoption (50.8%), and strip cropping adoption (47.7%), show promising growth, while drought-tolerant varieties adoption (52.3%), indicate responsive adaptation to climate challenges. These emerging practices often represent more complex systems requiring greater knowledge integration, explaining their slower but steady adoption trajectory (Boateng *et al.*, 2021).

Significant adoption barriers appear for several techniques. Irrigation adoption (14.6%), and afforestation adoption (19.2%), show limited uptake, while agro-forestry demonstrates the lowest adoption (3.8%). These patterns highlight the challenges documented in implementing practices requiring long-term investments or significant system redesign (Iiyama *et al.*, 2020). The particularly low agroforestry adoption suggests potential barriers including land tenure issues, knowledge gaps, or inadequate support systems.

### Factors influencing the adoption of regenerative agricultural practices

Among the variables, farm size, household size, income, and age were found to be statistically significant predictors at the 5% level (Table 6). Farm size had an odds ratio of 1.32, suggesting that for every unit increase in farm size, the odds of adopting regenerative practices

**Table 5: Distribution of maize farmers based on level of adoption of RAPs (n = 130)**

Regenerative Agricultural Practice	NA	A	I	E	T	A	M	S.D	Ranking
Minimum tillage	-	-	-	1 (0.8)	3 (2.3)	126 (96.9)	5.96	0.23	1 <sup>st</sup>
Crop rotation	-	-	-	-	14 (10.8)	118 (89.2)	5.89	0.31	2 <sup>nd</sup>
Use of organic manure	-	1 (0.8)	1 (0.8)	1 (0.8)	10 (7.7)	117 (90.0)	5.85	0.53	3 <sup>rd</sup>
Mixed cropping	-	-	-	2 (1.5)	28 (21.5)	100 (76.9)	5.75	0.47	4 <sup>th</sup>
Use of cover cropping	-	3 (2.3)	-	4 (3.1)	18 (13.8)	80 (80.8)	5.71	0.74	5 <sup>th</sup>
Water harvesting	1 (0.8)	2 (1.5)	2 (1.5)	9 (6.9)	26 (20.0)	90 (69.2)	5.52	0.91	6 <sup>th</sup>
Use of drought & heat tolerant crop varieties	-	-	3 (2.3)	8 (6.2)	51 (39.2)	68 (52.3)	5.42	0.71	7 <sup>th</sup>
Mixed farming	-	-	11 (8.5)	3 (2.3)	50 (39.5)	66 (50.8)	5.32	0.88	8 <sup>th</sup>
Strip cropping	-	1 (0.8)	7 (5.4)	6 (4.6)	54 (41.5)	62 (47.7)	5.30	0.85	9 <sup>th</sup>
Use of wetland (Fadama)	-	5 (3.8)	29 (22.3)	21 (16.2)	46 (35.4)	29 (22.3)	4.50	1.18	10 <sup>th</sup>
Mulching	-	4 (3.1)	18 (13.8)	49 (37.7)	39 (30.0)	20 (15.4)	4.41	1.01	11 <sup>th</sup>
Irrigation	-	9 (6.9)	40 (30.8)	25 (19.2)	37 (28.5)	19 (14.6)	4.13	1.20	12 <sup>th</sup>
Afforestation	-	14 (10.8)	33 (25.4)	35 (26.9)	23 (17.7)	25 (19.2)	4.09	1.28	13 <sup>th</sup>
Agro-forestry	1 (0.8)	51 (39.2)	47 (36.2)	17 (13.1)	9 (6.9)	5 (3.8)	2.98	1.09	14 <sup>th</sup>

Average Mean score = 5.06, decision = 5.1; figures in parentheses are in percentages, NA=Not Aware, A=Awareness, I= interest, E= Evaluation, T= Trial, A=Adoption

**Table 6: Factors influencing the adoption of regenerative agricultural practices using Logit Regression Model**

Variables	Odds ratio	Std. err	Z	p>/z/
Education level	1.413221	0.315165	1.55	0.121
Farm size	1.324793	0.129414	2.88	0.004
Household size	1.222600	0.086008	2.86	0.004
Access to extension	0.779233	0.487359	-0.04	0.690
Income	1.000006	2.120000	3.01	0.003
Membership of cooperative	0.612829	0.399581	-0.75	0.453
Marital status	0.294959	0.215761	2.08	0.095
Age	1.039300	0.019253	2.08	0.037
Constant	0.048698	0.082459	-1.78	0.074

Number of obs = 130, LR chi2 (8) = 30.89, Prob > chi2 = 0.0001, Pseudo R<sup>2</sup> = 0.2281



increase by approximately 32%. This finding aligns with the notion that larger farm operations may have more flexibility and resources to experiment with and adopt innovative practices.

Household size also showed a positive influence (odds ratio = 1.22,  $p = 0.004$ ), indicating that households with more members are more likely to adopt regenerative agriculture. This is likely because larger households can provide the necessary labor required for many of the practices, which are often labor-intensive. Income was a significant predictor as well (odds ratio = 1.000006), albeit the odds ratio is very close to 1 due to the scale of income measurement. This suggests that even a small increase in income increases the probability of adoption, reinforcing the idea that financial capability is essential for investing in new agricultural technologies. Age also had a positive and significant effect (odds ratio = 1.039), indicating that older farmers were slightly more likely to adopt regenerative agricultural practices. This may reflect the accumulated experience and confidence older farmers have in trying new techniques, especially those aligned with traditional ecological knowledge.

On the other hand, education level, access to extension, membership in cooperatives, and marital status were not statistically significant at the conventional 5% level. Although the odds ratio for education (1.41) suggests a positive influence, the  $p$ -value of 0.121 implies that this effect was not statistically reliable in this sample. Similarly, access to extension services and cooperative membership showed odds ratios less than 1, suggesting a potential negative or neutral influence, but these results were not statistically significant ( $p = 0.690$  and  $0.453$  respectively). This is particularly surprising for access to extension, which is generally assumed to enhance adoption; however, the large standard error may indicate variability or inconsistency in the effectiveness of extension services in the area.

The constant term in the model was also not statistically significant ( $p = 0.074$ ), suggesting that the baseline

likelihood of adoption when all predictors are zero is not clearly defined, which is not unusual in models with many socioeconomic predictors.

### Constraints faced by the respondents in the adoption RAPs

The result of constraints faced by the respondents in the adoption of RAPs is presented in Table 7. Poor extension services and inadequate access to improved seeds were identified to be the topmost constraints with mean score of 4.39 respectively. Limited access to improved maize varieties ranked third with a mean score of 4.25. Low level of income ranked fourth with the mean score of 4.22. The next constraints in the ranking, is high cost of inputs. This has a mean score of 4.21 and ranked fifth. Untimely delivery of improved seeds ranked sixth with a mean score of 4.16. Limited access to credit was ranked seventh with a mean score of 4.09. Lack of technical knowledge was ranked eighth with the mean score of 4.08, followed by low capacity building on RAP (mean=3.89), low level of educational attainment of farmers (mean=3.86), low level of farmer awareness on RAP (mean=3.80), inadequate information about RAP (mean=3.55), high cost of RAP (mean=3.04), high labour requirement of RAP (mean=2.97), and land tenure issues (mean=2.95), while RAP is too difficult to use was ranked last with the mean score of mean= 2.80. These findings align with Anderson and Feder, (2021) framework of agricultural advisory systems, which highlights how weak extension services create knowledge gaps. Limited access to improved maize varieties and high input cost, and also supports Kanslime *et al.* (2021), capital constraint model, where financial limitations disproportionately affect adoption of practices requiring upfront investment.

### Hypothesis Testing

The results in Table 8 show the significant relationship between some selected socioeconomic characteristics and level of adoption of regenerative agricultural prac-

**Table 7: Constraints to adoption regenerative agricultural practices**

Constraints	VS	S	MS	NS	NAP	Mean	SD	Ranking
Poor extension services	53 (40.8)	75 (57.7)	2 (1.5)	-	-	4.39	<b>0.52</b>	1 <sup>st</sup>
Inadequate access to improve seeds	53 (40.8)	75 (57.7)	2 (1.5)	-	-	4.39	<b>0.52</b>	1 <sup>st</sup>
Limited access to improved maize varieties	39 (30.0)	87 (66.9)	2 (1.5)	1 (0.8)	1 (0.8)	4.25	<b>0.60</b>	3 <sup>rd</sup>
Low level of income	41 (31.5)	78 (60.0)	10 (7.7)	-	1 (0.8)	4.22	<b>0.65</b>	4 <sup>th</sup>
High cost of inputs	34 (26.2)	89 (69.5)	7 (5.4)	-	-	4.21	<b>0.52</b>	5 <sup>th</sup>
Untimely delivery of improved seeds	26 (20.0)	100 (76.9)	3 (2.3)	1 (0.8)	-	4.16	<b>0.48</b>	6 <sup>th</sup>
Limited access to credit	31 (23.8)	83 (63.8)	13 (10.0)	3 (2.3)	-	4.09	<b>0.65</b>	7 <sup>th</sup>
Lack of technical knowledge	22 (16.9)	97 (74.6)	11 (8.5)	-	-	4.08	<b>0.50</b>	8 <sup>th</sup>
Low capacity building on RAP	16 (12.3)	90 (69.2)	18 (13.8)	6 (4.6)	-	3.89	<b>0.66</b>	9 <sup>th</sup>
Low level of educational attainment of farmers: 6 (4.6), 102 (78.5), 20 (15.4), 2 (1.5)						3.86	<b>0.49</b>	10 <sup>th</sup>
Low level of farmer awareness on RAP	6 (4.6)	97 (74.6)	22 (16.9)	5 (3.8)	-	3.80	<b>0.58</b>	11 <sup>th</sup>
Inadequate information about RAP	6 (4.6)	63 (48.5)	58 (44.6)	3 (2.3)	-	3.55	<b>0.62</b>	12 <sup>th</sup>
High cost of RAP	4 (3.1)	20 (15.4)	83 (63.8)	23 (17.7)	-	3.04	<b>0.68</b>	13 <sup>th</sup>
High labour requirement of RAP	3 (2.3)	12 (9.2)	93 (71.5)	22 (16.9)	-	2.97	<b>0.60</b>	14 <sup>th</sup>
Land tenure issues	6 (4.6)	33 (25.4)	43 (33.1)	44 (33.8)	4 (3.1)	2.95	<b>0.95</b>	15 <sup>th</sup>
RAP is too difficult to use	1 (0.8)	6 (4.6)	89 (68.5)	34 (26.2)	-	2.80	<b>0.55</b>	16 <sup>th</sup>

Figures in Parentheses are in Percentages, Average mean=3.626, decision=3.63; VS= Very Severe, S=Severe, MS=Mildly severe, NS=Not severe, and NAP=Not a problem at all

tices through Pearson Product Moment Correlation analysis. The results revealed that age ( $r = -0.138$ ,  $p \leq 0.116$ ), level of education ( $r = 0.129$ ,  $p \leq 0.145$ ), marital status ( $r = -0.084$ ,  $p \leq 0.344$ ), access to credits ( $r = -0.051$ ,  $p \leq 0.567$ ), access to extension contact ( $r = 0.019$ ,  $p \leq 0.829$ ) and membership of cooperative ( $r = -0.039$ ,  $p \leq 0.660$ ) had no significant relationship with level of adoption of regenerative agricultural practices, while household size ( $r = 0.228$ ,  $p \leq 0.009$ ), farm size ( $r = 0.216$ ,  $p \leq 0.013$ ), and monthly income ( $r = 0.191$ ,  $p \leq 0.029$ ) had significant relationship with the level of adoption. Hence,  $H_{01}$  is rejected for household size, farm size, and monthly income, while that age, level of education, marital status, access to credits, access to extension contact and membership of cooperative are accepted, thus, positive correlation indicates positive relationship between variables, while negative correlation indicates negative relationship between variables. The result obtained implies that increase in any of the significant variables will cause increase level of adoption of RAPs among the maize farmers in the study area, on the other hand, increase or decrease in any of the non-significant variables does not influence the respondents' level of adoption of RAPs.

## CONCLUSION

The findings from this study shows that use of minimum tillage, use of organic manure, crop rotation, use of cover cropping, use of water harvesting, use of mixed cropping, use of mixed farming and use drought/heat tolerant varieties, are the majority RAPs that the maize farmers adopted in the study area. Moreover, the study also discovered that majority of the maize farmers got their information through friends, family members, farmer's group and maize association. Nevertheless, farm size, household size, income, and age were factors that are statistically significant thus influencing the rate of adoption of RAPs. Finally, poor extension services, inadequate access to improved seeds were identified to be the topmost constraints, limited access to improved maize varieties, low level of income, high cost of inputs, untimely delivery of improved seeds, limited access to credit, lack of technical knowledge and low capacity building on RAP were the major constraint affecting the adoption of RAPs in the study area.

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**Table 8: relationship between some selected socioeconomic characteristics and level of adoption of CSAPs**

Variables	Correlation(r)	P-value	Decision
Age	0.138	0.116	Not significant
Household Size	0.228**	0.009	Significant
Level of Education	0.129	0.145	Not significant
Marital status	-0.084	-0.344	Not significant
Farm Size	0.216*	0.013	Significant
Monthly Income	0.191*	0.029	Significant
Access to credits	-0.051	0.567	Not significant
Access to extension	0.019	0.829	Not significant
Membership of Cooperative	-0.039	0.660	Not significant

Source: Field Survey, 2025 \*\* Correlation is significant at 0.01 level (2-tailed) \* Correlation is significant at 0.05 level (2-tailed)



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